

Saffron Walden Youth Partnership

Commissioning Pro Forma

Name of Project: The Garden Phase 3 (revised)

Organisation: Joanna Eden Outreach C.I.C.

Overview of Organisation

Joanna Eden Community Interest Company is a not for profit organisation principally working out of Fairycroft House Arts and Media Centre and in the community to engage young people of ages 12-18 in music and associated projects.

Tel Number – 07933 161275

Address

37 Audley Road
Saffron Walden
Essex CB10 3HD (registered address)

Named Contact for project – Kevin Sporle

Tel Number – 07933 161275

Email - kevinsporle@hotmail.com

Supporting Documents

Constitution - Company Articles of Association attached

Insurance - Public Liability insurance document attached

Safeguarding Policy - Attached

DBS checks - Attached for Joanna Price (legal name of Joanna Eden) & Kevin Sporle

About the Project

What - The Garden's mission is to continue giving young people in the Saffron Walden area a free facility to enjoy and share their music with each other, gain and grow their music skill-sets, and share and enrich their local community with music by holding regular fundraising concerts. Our first two years have been a tremendous success with regular, full attendance of 20 or so participants with an age range of 12-19. We also offer support to young people, providing them with a safe space for discussion about any issues that maybe affecting them for signposting to appropriate organisations, if necessary.

We have staged regular concerts open to the public which have all enjoyed a full house which is vital to improving a young person's confidence.

Our members and their parents report that the group has a very positive effect on, not only their musical knowledge and abilities, but also on a personal level, such examples include improved mental health and increased confidence. We have found they are learning about teamwork, marketing and overall event management which are crucial skills for young people. We have had and will continue to have extra help from Essex Youth Service with a qualified youth worker being present for each session.

Discussion forums evolved during previous sessions, where issues of mental health, bullying, gender/sexuality, body image, depression, loneliness and ableism were openly aired. It is our intention to continue with these forums by inviting more individuals to present their thoughts and ideas in sessions.

Our overall project for the year is under the heading of '2020, *What Happened?*' The aim is to produce a body of original songs which are representative of times during the current pandemic and beyond. These will be relative to the thoughts and feelings of individuals or small groups about the whole scenario, to reflect personal struggles with loneliness and isolation; family issues; home studies; concerns about loss of schooling and the effect on qualifications; thoughts about the NHS, Government handling of the situations and the '*Black Lives Matter*' campaign. The overall intention is to project positivity and community care and spirit, allaying anxiety and fears about the future to promote good mental health and well-being. The songs will be presented to the public in a fund-raising show and a quality video production.

These next sessions for *The Garden* will be utilised to begin and to develop the project

Where - Fairycroft House Arts and Media Centre, Saffron Walden - The facilities there are perfect for this project as there is a full list of equipment available, including several pianos/keyboards; drum kits; pa systems/amplifiers and so on which we wouldn't otherwise have access to. We also often need to divide participants up into smaller groups who are then able to independently and concurrently use both rehearsal studios, the main hall, the rear room (off the main hall) and the coffee bar/computer area; where we can provide refreshments.

All sessions will be carefully monitored and conducted with the utmost care and consideration of Governmental guidelines and legislation in terms of social distancing and behaviour within the building and its environs, along with constant sanitising/disinfecting etc.

When - Monday evenings from 7.00pm to 9.00pm, commencing 04/01/21

Duration / Number of Sessions - 10

Target Group - Youngsters within the Uttlesford area

Cost to young people - Nil

How will you recruit? - 'The Garden' already has a core group of around 15 participants, others will be recruited by word-of-mouth; contact with local schools; posters/fliers and possibly through social media. Six new members joined at the beginning of this year.

How many young people will you work with? - up to around 20

Outcomes

Participants have not only been able to share their interest in music, but to share thoughts and feelings about loneliness, anxiety and stress, often brought about by bullying because of their gender issues, body image, character. They enjoy the freedom of expression and acceptance in the safe, non-judgemental environment they have at *The Garden*, and we, along with parents, have noticed vastly increased levels of confidence and self-esteem.

Comments from parents:

Here's hoping that the 'Garden Family' can find a way to get back together in real life at some point.

Fingers crossed it'll be soon, and thank you and Jo for all you do for the kids, it's very much appreciated

I do think it's the highlight of the week for her and such a great opportunity to mix with like-minded people of all ages . . . thanks so much for continuing with the group . . .

Monitoring / Evaluation

There will be a representative from Essex Youth Services present at each session
Sessional evaluation form measuring outcomes against aims
Record of attendance
Pay roll information
Reporting accidents / incidents
Health and Safety checks

Partners

Faircroft House C.I.C./ Police / Essex Youth Service / Saffron Walden Youth Outreach Project / Saffron Walden County High School/ Joyce Frankland Academy, Newport

Costs

Sessional Costs Breakdown

Space/studio/equipment hire from 4th January, 2021 – 10 weeks x £120 = £1200

Project Manager/Sessional Supervisor – 10 weeks x 3 hours/week @ £15/hour = £450

Project Manager/Sessional Supervisor – 10 weeks x 3 hours @ £12.50/hour = £375

Additional space/equipment hire for special events – 1 @ £300 = £300

Marketing/Office supplies (including professional printing costs) - £250

Total Project Cost - £2575