



SAFFRON WALDEN  
TOWN COUNCIL

# Saffron Walden Lockdown help

Type of support	Telephone number	Website
<b>Uttlesford Front Line</b> - for up-to date help and advice in the community	(website only- however if you do not have internet access the Community Response helpline beneath can help)	<a href="http://www.uttlesfordfrontline.gov.uk">www.uttlesfordfrontline.gov.uk</a> (For COVID-19 factsheet, go to Library tab, search COVID, put in your postcode)
<b>Community Response helpline</b> (Uttlesford District Council/ Council for Voluntary Services)	03333 408 218 An expert team can connect you with the most appropriate support service.	Email <a href="mailto:communityresponse@uttlesford.gov.uk">communityresponse@uttlesford.gov.uk</a> . (or check <a href="http://www.uttlesford.gov.uk">www.uttlesford.gov.uk</a> and <a href="http://www.cvsu.org.uk">www.cvsu.org.uk</a> )
<b>Uttlesford Foodbank</b> If you need help from the foodbank the quickest way to reach us is by telephone. We can then direct you to the most appropriate agency to give you a foodbank voucher.	07971631606	<a href="http://www.uttlesford.foodbank.org.uk">www.uttlesford.foodbank.org.uk</a>
<b>Essex Resilience Forum</b> – information for vulnerable / isolating people needing help with shopping etc.	(website only- however if you do not have internet access the Community Response helpline above may be able to help)	<a href="http://www.essexprepared.co.uk">www.essexprepared.co.uk</a>
<b>Citizens' Advice Bureau</b>	01799 618840	<a href="http://www.uttlesfordcab.org.uk">www.uttlesfordcab.org.uk</a>
<b>National Domestic Violence Helpline</b> (women)	0808 2000 247 (24 hours a day)	See also <a href="http://www.uttlesfordfrontline.gov.uk">www.uttlesfordfrontline.gov.uk</a> for details of local organisations that provide refuge places/supporting services
<b>Men's Advice Line</b>	0808 801 0327	
<b>Saffron Walden businesses</b> which are still open for business, e.g. by offering home delivery etc		<a href="http://www.supportsaffronwalden.co.uk">www.supportsaffronwalden.co.uk</a>  (Email: <a href="mailto:saffronwaldenbid@gmail.com">saffronwaldenbid@gmail.com</a> )
<b>Saffron Walden Town Council</b> - town matters	01799 516501/516502	<a href="http://www.saffronwalden.gov.uk">www.saffronwalden.gov.uk</a>

<p><b>Saffron Walden Market</b> (Some traders are taking prepaid orders for collection from the Common, Tues/Sat mornings).</p>	<p>See <a href="http://www.saffronwalden.gov.uk">www.saffronwalden.gov.uk</a> for latest information.</p> <p><b>To place orders for collection:</b>  Fruit and veg (Lightly Fruit and Veg): 07809 478 449  Fish (Crystal Waters): 07931 692 074  Bread and pastries (Brown Bread) - 01277 354396,  Sausages / burgers (Giggly Pig) - 07990 767 893  Sauerkraut / kimchi / fermented food (Totally Cultured) –  07900 107 762  Spanish/Mediterranean food (Pata Negra) - 07799 478 300</p> <p><b>To order by post:</b>  For Olives (Borough Olives) <a href="http://www.borougholives.co.uk/">http://www.borougholives.co.uk/</a>  The White House Coffee Co – 07495091038</p> <p><b>To arrange delivery:</b>  Saffron Wholefoods - <a href="http://www.saffronwholefoods.com">www.saffronwholefoods.com</a> (for those who cannot come out)  Pet Food - 07758 587322  Sutton View Nursery (see FB) – plants - 07966 297482</p>	
<p><b>Saffron Walden &amp; villages Covid-19 Mutual Aid</b> (Facebook group)</p>		<p><a href="https://www.facebook.com/groups/238246974240370/">https://www.facebook.com/groups/238246974240370/</a></p>
<p><b>Uttlesford residents</b> facing financial challenges due to COVID-19 (homeowners, private tenants, council tenants)</p>	<p>01799 510510</p>	<p>Email <a href="mailto:uconnect@uttlesford.gov.uk">uconnect@uttlesford.gov.uk</a> or visit <a href="http://www.uttlesford.gov.uk">www.uttlesford.gov.uk</a></p>
<p><b>Small businesses</b> grants/relief</p>		<p><a href="http://www.uttlesford.gov.uk/covid19-business-grants-fund">www.uttlesford.gov.uk/covid19-business-grants-fund</a></p>
<p><b>Creative Walden</b> - including Lockdown TV For young people to 'Create, express, enjoy'</p>		<p><a href="http://www.creativewalden.co.uk">www.creativewalden.co.uk</a> (also YouTube Channel)</p>
<p><b>Health Advice</b> from NHS</p>	<p>NHS 111</p>	<p><a href="http://www.111.nhs.uk">www.111.nhs.uk</a></p>
<p><b>Government Advice</b></p>		<p><a href="http://www.gov.uk">www.gov.uk</a></p>
<p><b>The Samaritans</b></p>		<p>08457 909090</p>

**Prospective volunteers:** please see [www.volunteeruttlesford.org.uk](http://www.volunteeruttlesford.org.uk) or call 01799 510525 or 01799 510524.